

## **Appendix 1: Sexual Health Knowledge and Psychosocial Norm Scales included in the 2010 MYPC Questionnaire**

### **SEXUAL HEALTH KNOWLEDGE**

Items were scored from 1 (“I knew this”) to 5 (“I don’t agree with this”).

#### **Sexual Health Knowledge**

Item
1. You should have a regular sexual health check up including an HIV test every 6 months to protect yourself from HIV and other STIs.
2. Sexual health check ups and HIV testing every 6 months help you look after your long term health.
3. You should have a sexual health check up including an HIV test as soon as possible if you have put yourself at risk or had unprotected sex.
4. If you test positive for HIV there are effective treatments available which make HIV manageable as part of your every day life.

#### **Condom Knowledge**

Item
1. It is important to get the correct fitting condom to protect against HIV and other sexually transmitted infections.
2. The amount of lube you use is more important than the thickness of the condom.
3. You should not put lube on before the condom as this will increase the chance of the condom slipping off.
4. Reapplying the lube often will help prevent your condom from breaking.
5. If you're having a long session, you should change the condom every 30 minutes or so.
6. You should not use oil based lubes (baby oil, Vaseline, olive oil, most moisturisers) as these can damage the condom causing it to split.
7. If you are using a sex toy, you should place a condom on the toy, and you should change the condom for every new partner (and for every new session).
8. If you are being insertive (active) with more than one partner, you should change the condom between partners.

## PSYCHOSOCIAL NORMS

Items were scored from 1 (“Strongly Agree”) to 5 (“Strongly Disagree”).

### Barebacking Norms

1. Barebacking is now part of the gay culture
2. I think of myself as a barebacker
3. Barebacking porn tempts me to have anal sex without a condom.
4. I know people who would describe themselves as barebackers.

### Attitudes and Norms about Contemporary Condom Use (the ANCCU Scale)

Item
1. A lot of gay men have stopped using condoms all the time
2. I only need to use condoms with casual partners
3. I don't have to use condoms all the time anymore
4. I only need to use condoms with partners who have a different HIV status from me
5. I know the HIV status of most of my sexual partners
6. I can't be bothered with using condoms
7. The more you love someone the more difficult it is to use condoms
8. If someone wants to have unprotected sex they are probably HIV negative
9. I enjoy the thrill of not using condoms with guys whose status I don't know
10. Using condoms is a choice now, not a necessity

### Safer Sex Norms

Item
1. I'm letting other people down when I have unsafe sex.
2. My sex partners never mention safer sex.
3. Most people I know always have safer sex.
4. Most of my friends think you should talk about safer sex with your partners.
5. Nobody has safer sex all the time.
6. My friends never tell me to have safer sex.
7. I'm letting myself down when I have unsafe sex.
8. You should tell your friends to always have safer sex.